July 3, 2008

U.S. Army Garrisons Vicenza & Livorno

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"BODY" fitness

German fuel card

Only military police station personnel in Germany are authorized to issue paperwork for personnel on leave, official pass, or temporary duty to receive a German short-term fuel card. U.S. forces personnel will need to visit an MP station in Germany to fill out the proper form and then obtain their short-term fuel card at an AAFES

U.S. forces personnel assigned to Italy, who are coming to Germany and expect to obtain the fuel ration card, must have TDY orders, official leave and an official pass form as proof of their status to obtain the ration card for the period of their stay in Germany. The authorization can only be provided to the U.S. forces sponsor. Personnel who have appointments at Geilenkirschen or Landstuhl should possess a DA Form 31 indicating administrative leave (not chargeable), to obtain the fuel card.

The nearest MP station in Germany for those traveling from Italy is in Garmisch.

Soldier remembered

SETAF Public Affairs

Press Release

The memorial ceremony for Sgt. Ryan J. Connolly was held 11 a.m. Wednesday, July 2, at the Warner Barracks Chapel in Bamberg followed by an echo ceremony in Italy at 2 p.m. in the post chapel.

Connolly, 24, of Vacaville, Calif., died June 24 in Khogyani, Afghanistan, of wounds suffered when his vehicle struck a suspected landmine.

Assigned to the 173rd Special Troops Battalion, 173rd Airborne Brigade Combat Team, Bamberg, Germany, he was serving with Task Force Bayonet in support of the International Security Assistance Force in Afghanistan.

Connolly is survived by his wife, the former Stefanie Schwank, his 1- year-old daughter, Kayla, and his parents James Connolly and Robin Nelson.



Sgt. Ryan J. Connolly

WTUs meet rock legend, see concert



Sgt. Justin Varnes, Warrior Transition Soldier, presents a crutch that he and his fellow WTU Soldiers (from left) Pfc. Christopher Gross, Spc. Max Kenworthy and Spc. Carl Vandenberg signed for Van Zant. The Soldiers met with Van Zant prior to the musician taking the stage with Bruce Springsteen and the E Street Band in Milan June 25. The Soldiers were invited to the concert as guests of Van Zant. Besides playing guitar, Van Zant hosts a radio show "Little Steven's Underground Garage," which is now available on AFN The Eagle. Many people may remember Van Zant from his role as Silvio Dante in the television show "The Sopranos."

Story and photos by Diana Bahr USAG Vicenza Public Affairs

our Warrior in Transition Soldiers from Vicenza had a once-in-a-lifetime opportunity June 25 when they met musician Steve Van Zant, who was on tour with Bruce Springsteen and the E Street Band in Milan.

"I'm a huge fan of Bruce and the E Street Band," said 21-year-old Sgt. Justin Varnes. Varnes is a self-taught musician who plays in a band with fellow WTU Soldier, 24-year-old Pfc. Christopher Gross. Both Soldiers hail from Chicago and plan to meet up after they leave the military. "My friends say I was born in the wrong generation because I prefer music from the 60s and 70s."

Another WTU Soldier on the trip, 23-yearold Max Kenworthy, nodded, adding "My parents are big fans of the band and I grew up listening to their music, so it's great to be able to see them in person and meet Steve Van Zant"

The Soldiers brought an unusual gift for Van Zant as a way to thank him for his support and for the opportunity to meet him – a crutch that Varnes used after he was injured in Afghanistan in 2007

"We call it the Golden Crutch," Varnes laughed as the Soldiers took turns signing it while waiting to enter the Milan soccer stadium where the band was performing. "Since we're all members of the Warrior in Transition Unit and have medical issues, we thought the crutch would be a great way to say thanks for all he's doing to support the troops."

The group met up with Van Zant prior to the show and presented him with the crutch and thanked him for his support, for the opportunity meet him and to see the concert. Van Zant joked that the crutch was the perfect gift and he may use it as he was having some difficulty walking.

See VAN ZANT on page 5

Sky Soldiers sweep 101st AD competition

Staff Sgt. Brandon Aird 173rd ABCT Public Affairs

N A N G A R H A R PROVINCE, Afghanistan – Two Sky Soldiers from the 173rd Airborne Brigade Combat Team were announced the winners of the 101st Airborne Division (Air Assault) Soldier and Noncommissioned Officer of the Quarter competition conducted on Bagram Airfield, Afghanistan.

Sgt. Jeremy De Jesus, from Waterbury, Conn., and Spc. Amy Penn, from Cave City, Ark., both members of Charlie Company, 173rd Special Troops Battalion, swept the competition away, said Sgt. Maj. Lyle Womack, 173rd ABCT operations sergeant major.

It was a little intimidating.

We were the only Soldiers not wearing a 101st patch.

Spc. Amy Penn C Co, 173rd STB

Six Soldiers and five noncommissioned officers participated in the competition, according to De Jesus.

The 11 Soldiers were selected by their chain of command as being the best Soldiers to represent their unit in the competition.

"It was a little intimidating," said Penn. "We were the only Soldiers not wearing a 101st patch."

The 11 Soldiers were tested on physical fitness, weapons, warrior tasks, written tests and appeared before a board of senior non-commissioned officers.

"We had to take apart an M-9 Pistol, M-4 Carbine and the M-240B Machine Gun in two minutes," said Penn. "Then we had to put it back together."

See COMPETITION on page 2

Garrison news



COMPETITION

from page 1

Penn and De Jesus spent four months preparing for the competition. They studied alone, together and even came up with their own ways of retaining information.

"I would tape note cards around the office so every where I looked, a question and answer would be waiting for me," explained Penn.

Penn and De Jesus were tested once a week by Charlie Company leadership during practice boards to help them retain information and get used to being asked questions by senior leadership.

"Our chain of command helped us out a lot," said De Jesus.

De Jesus and Penn are nearing the end of their 15-month deployment to Afghanistan. Once the deployment is over De Jesus wants to become a drill sergeant while Penn plans on going to school to become a teacher.

Sgt. Jeremy De Jesus and Spc. Amy Penn, both of Charlie Company, 173rd Special Troops Battalion, are recognized June 16 as the winners of the 101st Airborne Division Noncommissioned Officer and Soldier of the Quarter winners at Bagram Airfield Afghanistan. (Photo by Pfc. Scott Davis, 101st Airborne Division Public Affairs)

Post youth lend extra hands, earn money with summer work



Story and photos by Melissa Martini-Calabrese Outlook Staff

Monday, June 23, kicked off the annual Summer Hire program for teens from the ages of 14 to 22 throughout Europe.

"The program is a great opportunity for the applicants to get a feeling of what a real job is, what real work-life means, and earning some bucks," said Roberta Piscopo, human resources specialist, Vicenza Civilian Personnel Advisory Center.

One hundred and ten teenagers applied for summer hire positions, but only 95 were selected for jobs in Vicenza and Livorno organizations such as in garrison directorates, SETAF, MEDDAC, 509th Signal Battalion, Regional

Left: Jennifer Thompson restocks the bookshelves in the post library where she is working as a participant in the Summer Hire program.

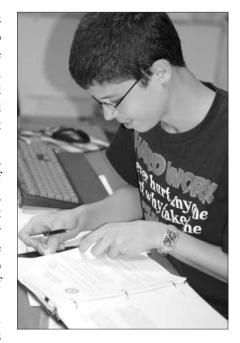
Contracting Office, Armed Forces Network and CPAC, according to Piscopo. Since there were more applicants than positions available, a random lottery system was used to place the 14 and 15-year-old candidates following the placement of the older candidates.

"Our summer hire, Samantha Price, has helped out in each of our programs," said Allie Vallery, program manager, Employment learn new skills and abilities while Readiness, Army Community Service. "She has made welcome packets, assisted in setting up classes and taken inventory of supplies.

"It's great to have additional help with our projects and she gets an opportunity to be exposed to the different programs in ACS," Vallery said.

The summer hire program runs for six weeks and participants earn \$5.50 an hour, according to Piscopo.

"The summer hire program is great," said May Fontanez, Arts and Crafts Center employee. "We have



Matthew Martini-Calabrese tabs a book on DoD policies for his Summer Hire position at SETAF G2 Intelligence.

one here at the art center, and he's doing a wonderful job."

To apply for the jobs, youth were required to submit an automated Web application form and provide completed in processing forms and documents.

Speak "What are you going to do with your Summer Hire money?"

By Melissa Martini-Cala

By Melissa Martini-Calabrese



Gabriel Rosario IMMA. DOL

I'll save half for myself and spend half of it.



Ariel Vimoto DPW

I'll probably save it up and go back to the states before school starts.



Jared Rulland **Auto Skills Center**

I will save it up so when I go back stateside, I have money to start off with for college.



Bizzy Buffington AFN

I plan on saving at least half of it and buying a prom dress and clothes with the rest of it.



Gary Donald CPAC

I'll put some in my bank and the other in my wallet.

Kunar base renamed for fallen hero



Lt. Col. Christopher D. Kolenda (left) and Command Sgt. Maj. Victor Pedraza, commander and command sergeant major of 1st Squadron, 91st Cavalry Regiment (Airborne), 173rd Airborne Brigade Combat Team, unveil a plaque dedicated to Maj. Thomas Bostick at Forward Operating Base Naray June 28 in Kunar Province Afghanistan. During the Ceremony FOB Naray was renamed FOB Bostick in memory of the fallen Soldier.

Story and photo By Staff Sgt. Brandon Aird 173rd ABCT Public Affairs

KUNAR PROVINCE, Afghanistan – Forward Operating Base Naray in Kunar Province, Afghanistan, was renamed FOB Bostick to honor and remember a fallen Soldier who died leading his men.

Soldiers, Marines, Airmen and Afghan National Army soldiers gathered near FOB Naray's helicopter landing zone June 28 to officially rename the forward operating base in memory of Maj. Thomas Bostick, the former commander of Bravo Troop, 1st Squadron, 91st Cavalry Regiment (Airborne), 173rd Airborne Brigade Combat Team.

"Today we celebrate the life of the finest combat leader I have ever met," said Lt. Col. Christopher D. Kolenda, commander of 1st Squadron, 91st Cav Regiment (Abn), during the dedication ceremony. "He died while saving the lives of his paratroopers against a numerically superior foe."

Bostick was leading a convoy back to

FOB Keating after meeting with local elders near Kamu when the convoy was ambushed by insurgents. Bostick and Staff Sgt. William R. Fritsche were killed during the ensuing fire fight. Thirteen American Soldiers were wounded.

"We dedicate this forward operating base to his legacy and memory. Let all who enter this base, and all who write or speak the name of it be reminded that freedom is not free," said Kolenda.

A few days after the fire fight village elders tired of fighting going on near their villages approached Kolenda, which resulted in the 100-man shura.

"The price paid in blood that day has led to greater stability in of the most violent districts in the country, set the conditions for the emergence of the 100-man shura, and has increased the safety and security of civilian and soldier alike in that region," Kolenda said.

Near the end of the ceremony two F-15 Fighter Jets flew side-by-side over FOB Bostick to pay their final respects to a fallen hero.

Dedication, service

Retirees honored during ceremony



Sgt. Maj. Amuary Ochart Ochart, who served as the SETAF G4 Logistics sergeant major, retires following 21 years of service to the Army.



Serafino Cera
Cera, who served as a preventive
maintenance operator, retires following
34 years of service on Caserma Ederle.



Master Sgt. Gregory Littleton Littleton, who served as a SETAF career counselor, retires following 21 years of service to the Army.



Gianfranco Manni Manni, who served as a shop foreman, retires following 36 years of service on Caserma Ederle.



Master Sgt. Betty Ruffin Ruffin, who served as the SETAF G4 Trasportation senior sergeant, retires following 22 years of service to the Army.



Ottorino Peruzzo
Peruzzo, who served as an electrician, retires following 25 years of service on Caserma Ederle.

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At your service

As the director of Plans, Training, Mobilization and Security for the garrison, I assist the commander and his directorates with ensuring guidance from the commander is distributed to all the community, such as operations orders and taskings sent to units.

My staff plans, prepares and conducts unit reintegration in cooperation with our other garrison directorates and post organizations.

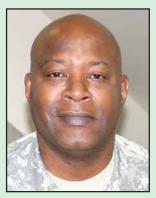
We maintain and monitor Force Protection and Antiterrorism measures for the installation, as well as planning and conducting the annual post emergency response exercise.



Larry Kilgore
director
Plans, Training, Mobilization and
Security, USAG Vicenza

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Chaplain Virgil Thomas



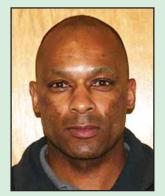
Kurt King manager Family Advocacy Program



Twanna Ivey victim advocate & sexual assault response coordintor Family Advocacy Program



Billy May administrator Family Advocacy Program



Darryl Jones manager Financial Readiness

Family Life Chaplain

Bldg 444 (Abrams), Room 304 354-6135 or 09721-96-6135 (off post)

Army Community Service (ACS)

Ledward Barracks, Bldg 242 Mon - Wed & Fri, 8 a.m. - 5 p.m., Thur, Noon - 5 p.m. 354-6933 or 09721-96-6933 (off post)



Anne Cohn chief Social Work Service



Capt. Naomi Flowers clinical social worker



Patricia Everett marriage & family therapist

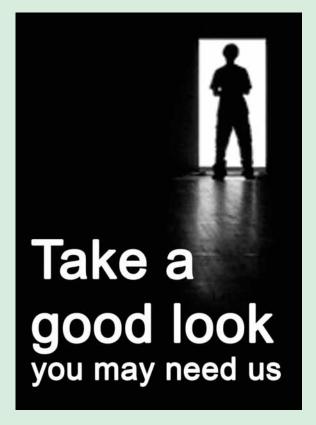


Sharmane Delgado clinical social worker



Maj. David Johnson, chief of Behavioral Health Jose Nunez, social worker Rick Thompson, social worker Nelda Spryes, social worker Bill Davis, counselor

Spc. Alexcis DeJesus, mental health technician



Schweinfurt Behavioral Health

Fourth Floor, Schweinfurt Health Clinic, Ledward Barracks Mon - Fri, 8 a.m. - 4:30 p.m. 354-6231 or 09721-96-6231 (off post)



Kim Shurtleff clinical director



Geraldine Warner Alcohol and Drug Control officer



Maron Yusuf Risk Reduction Program social worker & clinical coordinator



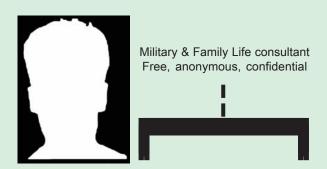
Wilma Johnson counselor

Also with ASAP:

Catherine Manos prevention coordinator Nicoletta Dobre biochemical test coordinator/instructor Drex Warner volunteer program superintendant Andrea Dowdy program assistant

Army Substance Abuse Program (ASAP)

Bldg 444 (Abrams) Mon - Fri, 7:30 a.m. - 4:30 p.m. 354-1710 or 09721-96-1710 (off post)



Military & Family Life consultants

Ledward Barracks, Bldg 242 On call 24 hours-a-day, 7 days-a-week Cell phone 0175-379-4691 or 0151-100-23585 354-6933 (ACS)

SCHWEINFURT

Army Community Service 09721-96-6933 09721-96-6135 Chaplain Military OneSource 00-800-3429-6477 Military Police 09721-80-2160 **Sexual Assault** 0162-271-1413

THE Outlook July 3, 2008

Community events

Job just one reason to learn CPR, first aid

Story and photos By Tiffany Tran-Ozuna Outlook Volunteer

Completing American Red Cross CPR and first aid training may be the only things standing between you and a job in the Vicenza military community.

Some employees on post are required to have certification in one or the other or both - such as child care providers, gym employees and lifeguards.

"Statistically [persons in] a group won't react [during an emergency] because they look to someone else to step forward and take charge," said Amanda Rolsen, assistant station manager. "Our courses help a person recognize and respond to emergencies."

The courses have a number of uses. Sophia Obasi, a recent participant in the courses, got certified for reasons not

necessarily work related.

able to help him or someone else," said Obasi.

Derek Braughton, 13, and Daniel Knott, 16, went through the courses together. Braughton wanted his certifications because he is an aspiring surgeon; Knott is looking to advance in a Scout program.

Chandra Le Compte, a volunteer instructor, has seen several young participants in classes she teaches.

"Young kids have an opportunity to use these skills since a lot of injuries happen at school and sports," said Le Compte. "The students also gain confidence in themselves."

The Vicenza American Red Cross is looking for volunteers to teach these courses. Belinda Bowman is a co-teacher working on her instructor's certification.

Belinda Bowman and Christian Kight practice rescue positioning on Miquel Rosario during the class.

"This is a way to give back to "I have a son and I want to be the community and practice teaching skills," said Bowman.

> The Red Cross is holding its next classes June 21 for CPR and July 16 for first aid. The cost is \$30 per class or \$35 for both. First aid certifications are good for three years and CPR certifications are good for one year.

American Red Cross

Visit our office to preregister for all classes listed below.

Health & Safety course schedule:

Babysitter's Training (free) – July 12, Saturday, 9 a.m.-5 p.m.

FirstAid-July 16, Wednesday, 5-9 p.m. Adult, child and Infant CPR -

July 26, Saturday, 8:30 a.m.-5 p.m. Interested in volunteering? Signing up for American Red Cross Volunteer Orientation.

The American Red Cross, Vicenza office is open Monday -Friday, 8 a.m.-4:30 p.m. The office is located in the Davis Soldier and Family Readiness Center, bldg 108, Room 47.

For more information or to register for a class, call 634-7089 or 0444-71-7089 from off post.





Miguel Rosario uses shaving cream to practice the proper way to take gloves off without contaminating himself. If shaving cream got on his hands during the removal process it meant he was taking off his gloves incorrectly.

Left: Daniel Knott listens to see if he can hear Derek Braughton breathing as part of the clear the airway portion of the class.

VAN ZANT

The meeting was arranged through Col. Scott Malcom, AFN-Europe commander, who met Van Zant when the band played in Dusseldorf, Germany. Van Zant had donated his new show, "Little Steven's Underground Garage" to AFN and Malcom wanted to thank him personally.

It's my way of saying thank you for your sacrifice and service to our country," said Van Zant to Malcom at the concert in Germany. "I think we're [the band] typical representatives of virtually all Americans - we're behind you 100 percent. We hope you come home safe and want to give you a little taste of home [through the radio show]."

Getting the rights to air Van Zant's radio show, "Little Steven's Underground Garage," took a year and the combined efforts of Malcom in Europe, Van Zant in New York and American Forces Radio and Television Service in Riverside, Calif. The show premiered June 14 on AFN The

Van Zant sent a text message to Malcom a few days after the concert and said



Spc. Justin Varnes holds a cue card for actor/musician Steve Van Zant while Robert Sekula, AFN South producer and Spc. Brigida Sanchez, AFN Vicenza production specialist, prepare to tape Van Zant's spots for AFN.

anything else he could do for the troops, just ask. Fortunately for these Soldiers, Malcom did. A trip to Milan for WTU Soldiers to hear the band and meet Van Zant was coordinated by AFN-Europe, and

Van Zant also agreed to record an interview and spots for the military.

Midway through Van Zant's interview with Robert Sekula, AFN South producer, E-Street guitar player Nils Lofgren and from page 1

piano player Roy Bitten came in to meet the Soldiers and also offered to tape a couple of spots for AFN.

On the way back to Vicenza after the concert the Soldiers chatted about the experience.

"It was awesome," said Gross, a comment that was echoed by Kenworthy

The fourth Soldier on the trip, 21-yearold Grand Rapids-native, Spc. Carl Vandenberg, was not a big fan of the band and had never seen The Sopranos, so his outlook was a bit different.

"The concert was pretty good," he admitted on the way back from Milan. "I'm not really a big fan, but I was impressed by Van Zant. I think he's sincere and giving us free tickets to the concert was not just a gesture—I think he means it when he says he supports the troops. That's cool."

Little Steven's Underground Garage airs Saturdays from 4-6 p.m. CET on AFN The Eagle and is also available on AFN decoders. Check out the AFN Web site: www.afneurope.net.

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Events in Vicenza

Ukuleles in town — Vicenza sees the first Ukulele Festival July 4-5, Friday-Saturday.

gardens of the Astra Theater located on Contra Barche downtown. Friday at 9 p.m. see over 10 players performing. Saturday at 4:30 p.m. there will be a workshop for children held by Fabio Calabro and for adults held by James Hill.

At 9 p.m. listen to the ukulele played by Italian Fabio Calabro, Australians Boski & Honey and Canadian James Hill. Entrance to the gardens are free.

Sunday shopping Shopping malls will be open Sunday July 6 to include the Palladio mall located near Villaggio from 9:30 a.m. to 8 p.m. and the Piramidi mall in Torri from 10 a.m.-8:30 p.m. Expect heavy traffic in those areas.

Concerts & events

<u>Venice</u> — July 8 the Momix dancers show will take place. Tickets are 25 to 85 euro.

See Elton John's piano concert July 9. Tickets cost 40 to 174 euro.

July 14, the Italian pianist and composer Giovanni Allevi will perform. Tickets cost 30 to 70 euro.

Gilberto Gil will perform a special evening dedicated to Brazilian music. Tickets cost 30-

During the concerts, people will be invited to donate money via SMS messages to support Venice's cultural heart, St. Mark's Square.

<u>Padova</u> — In Piazzola Sul Brenta on Sunday, July 6, see Giovanni Allevi on his Evolution

July 20 Massive Attack performs on their The Return of Daddy G Tour.

July 23 Whitesnake will perform in their only stop in Italy. July 28 Disney's High School Musical will be performed in the soccer stadium in Padova.

Monselice — July 19 Kataklo will perform in the Buzzacarini

performing on Sept. 29 and in Milan on Sept. 30.

tickets Find from www.ticketworld.it or from your local ticket supplier.

Fish festival

If you love fish, Chioggia is the place for you from now through Sunday, July 6. The chefs of Chioggia are out in force cooking fish in the historical centre for this 71st edition of

the Fish Festival. Also find street buskers and groups of musicians singing and playing for your entertainment.

Although Chioggia is only 60 Events will take place in the km from Vicenza, weekend traffic can be slow going as people head to the Italian beaches. If you don't like driving, look into taking the train or bus.

> There is a tourist information desk which can provide information on these options located in the Vicenza train station.

Butterflies & creepycrawlies

Butterflies, giant beetles, scorpions and caterpillars are awaiting visitors to the Butterfly Arc located near Padova. See some of the largest bugs in the world and visit the free-flying butterflies in their specially designed space.

The Butterfly Arc houses a total of 200 specimens of arthropods, including a scorpion that weighs half a kilo, plus scarabs, dung beetles, which are sacred in Africa, caterpillars, orchid preying mantises; all chosen from among the largest specimens in the world.

Specialists are on hand to provide visitors an opportunity to become better acquainted with the arthropods by interacting with them.

The Butterfly Arc is located in the city of Montegrotto Terme, province of Padova.

The arc is open daily from 9 a.m.-12:30 p.m. and 2:30-5:30

Entrance fees are 7 euro for adults and 5,50 euro for children 4-12 years of age.

Directions: To get to Montegrotto Terme, leave the autostrada at Padova ovest, west, and follow signs for Terme Euganee.

Military tattoo

The 17th edition of the International Military Band Tattoo will take place July 8-12 in the city of Modena. Hundreds of servicemembers take the stage in a musical pageant from the athletic dance theatre charged with charm and

Events include parades, <u>Bologna</u> — Coldplay will be marching displays and concerts in a music festival unique in Italy.

> Events on July 12 include a parade through the city center of the bands starting 5:30 p.m. and finishing at 9 p.m. in Piazza Roma for the grand conclusion.

> Tickets are available from www.vivaticket.it.

Running of the Bulls

This year's 825-meters run along stretches of the streets of Pamplona, Spain, is July 6-14.

Independence Day celebrations

USAG Vicenza Public Affairs

Press Release

he Fourth of July carnival opens Friday July 4 at 3 p.m. and July 5 at 6 p.m. for ID card holders, who may also sign on Italian guests at gate 1, Aldo Moro. Signed-on guests must remain with their sponsors at all times.

Gate 5 off via Corbetta and by the clinic opens both days at 6 p.m. for the general public and the carnival closes for everyone at midnight.

Due to the many construction projects on post, parking close to the carnival will be limited. Those activities include children's rides, a dunk tank, face painting, character portraits, glitter tattoos, balloon creations, a stilt-walker and a marching band.

Food booths selling hamburgers, bratwursts, French fries, chips and ice cream will be located on Olson Avenue in front of the schools.

Entertainment kicks off at 3:30 p.m. July 4 on the stage in front of the Ederle Inn. The line up includes jugglers, magicians, break dancers, a fitness show, a marching band, the Piazzolla di Sosta Jazz Band and an Elvis impersonator.

AFN will broadcast a live remote with the AFN Eagle mascot and will offer tours of the mobile production vehicle on display.

At 8 p.m. July 4 the country band Next Stop will be performing in Club Veneto.



Joseph Calabrese (left), webelos II, Cub Scout Pack 295, and Michael Busatta, eagle scout and assistant scout master, Boy Scout Troop 295, put flags on Olson Avenue Wednesday in preparation for July 4th celebrations. (Photo by Melissa Martini-Calabrese, Outlook Staff)

The Fourth of July fireworks display will begin at 10 p.m.

July 5 on stage there will be a puppet show at 6 p.m., Elvis at 8 p.m. and the '70s rock cover band Turtle Blues will perform at 9:30 p.m. In the Club Veneto at 8 p.m. the country band Fool Brand will be performing.

No alcohol, glass bottles, roller skates, skate boards, heelies, bicycles, mopeds or pets are allowed in the carnival areas.

Bus service available during festival

Friday, July 4, from 2:30 p.m.-12:30 a.m. the shuttle bus will run once every hour with pick ups in Villaggio at all bus stops and drop offs at the bus stop in front of the commissary.

On Saturday, July 5, the bus will run from 5:30 p.m.-12:30 a.m. on the same hourly schedule.

Start time is 8 a.m. every morning, except July 6, although runners must be ready at the start line at 7:30 a.m.

The run, depending on events, lasts four minutes on average. people Thousands of participate in this event every year.

Hundreds have been seriously gored, but only 14 men, including a 22-year-old American, have died from their injuries.

The runners get a 50-meter head start – which is pretty miserable considering you've got six bulls hot on your heels.

Remember, check with your insurance company to see if you are covered if you participate in this event.

Details on the race, and the dangers, are available at www.spanish-fiestas.com.

Now Showing

Ederle Theater

July 3	Forgetting Sarah Marshal (R)	6 p.m.
July 4	Baby Mama (PG-13)	6 p.m.
	Deception (R)	9 p.m.
July 5	Wall-E (G)	3 p.m.
	Baby Mama (PG-13)	6 p.m.
July 6	Wall-E (G)	3 p.m.
	Deception (R)	6 p.m.
July 9	Wall-E (G)	6 p.m.

Camp Darby Theater

	Camp Barby Theater	
July 4	Deception (R)	6 p.m.
July 5	The Incredible Hulk (PG-13)	6 p.m.
July 6	The Incredible Hulk (PG-13)	2 p.m.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

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Estates' claims

Anyone having claims on or obligations to the estate of Spc. James M. Finley, 173rd Special Troops Battalion, 173d ABCT, in Bamberg, Germany, or Pfc. Andrew Shields, 173rd STB, 173d ABCT, in Bamberg, Germany, must contact the Summary Court Martial officer, Capt. Diane Collver at DSN: 469-8875, or via e-mail at diane.collver@eur.army.mil.

AER education assistance

The deadline to apply for the Overseas Spouse Education Assistance for Term 1 is July 21. The program is available to spouse of active duty Army Soldiers who reside with the Soldier at the overseas command and is for the first undergraduate degree. Call Sweed, Valerie Army Emergency Relief officer, at 634-8524, or stop by AER in the Davis Soldier & Family Readiness Center for more information.

Commissary announcement

The Vicenza Commissary will be open on Friday, July 4 from 10 a.m. to 5 p.m.

AFFES employment

AFFES is currently recruiting for a number of positions.

For detailed information visit their Web site www.aafes.com and check under employment. You can also find assistance at the PX recruiting stand or contact human resources at 634-7729.

July MOMS club

Exercise Tuesdays: Walk the North 40 track at 9:30 a.m.weather dependent.

Zoo Day – July 11 at 10 a.m. Movie Date - July 14 at 4 p.m.

Beach Day - July 18, Sottomarina beach, meet at the Shoppette at 9 a.m. to carpool.

Pool Day – July 25, Ederle Inn pool at 10 a.m.

Park Day and MOMS Club monthly meeting - Villaggio park July 28 at 10:30 a.m. Bring

For more information regarding MOMS Club and our activities e-mail momsclubofvicenza@yahoo.com.

Transportation briefings

Installation The Transportation office is holding groups briefings for incoming and outgoing personnel. PCSing personnel should bring a copy of

DFAC Grab-n-Go reopens



From left: Tech. Sgt. Chris Eder, Seaman Jessica Robertson and Senior Airman Jeremiah Tounzen, take a break from duties at AFN South, to order lunch from, take a break from duties at AFN South, to order lunch from Marian Bass at the South of the Alps Dining Facility's Grab-n-Go. The Grab-n-Go reopened Tuesday and is open weekdays for breakfast from 7-9:30 a.m. and 10 a.m.- 2 p.m. for lunch. The dining facility hours of operation are Mondays-Fridays open 7-9 a.m., 11:30 a.m.-1:30 p.m., and 4:30-6:30 p.m.; Saturdays open 8-10 a.m., noon-2 p.m., and 4:30-6 p.m.; and Sundays open 9:30 a.m.-1 p.m. and 5-6:30 p.m. (Photo by Diana Bahr, USAG Vicenza)

their orders to ITO 30-45 days prior to the PCS date to arrange movement of your property.

Outgoing personnel briefings are held Monday-Wednesday and Friday at 9 a.m. and 2 p.m. and Thursdays at 2 p.m.

Incoming personnel briefings are held Mondays-Wednesdays and Fridays at 10:30 a.m. and Thursdays at 1:15 p.m.

ITO is located in the Central Processing Facility. Call 634-8753 for more information.

Tax Relief office hours

The DFMWR Tax Relief Office is open from 10 a.m.- 4:30 p.m. Mondays-Fridays, closed on holidays. These operating hours will continue until Aug. 8. For more information, call 634-

Military Pay Customer Support changes

As a result of finance transformation, all pay inquires normally answered at the Customer Service office, located in building 28, will be processed by the Finance Support Team located in the Central Processing Facility, building 311. The Finance Support Team can Park, families can enjoy full of be reached at 634-7255/7531.

There is no change to service for unit PACs/S-1s. Finance support for unit PACs/S-1s will still be available at building 28 in the Processing and Receiving office. The Processing and Receiving office may be reached at 634-8851.

AAFES fashion show seeks models

AAFES Back to School fashion show is Aug. 16. Models ages 6-18 are sought. The first rehearsal is Aug. 1. Register at post exchange customer service desk by asking for Monique or Elena.

Custom Made

Contemporary R&B Band "Custom Made" performs July 15, 8 p.m. at Club V. For details, call 634-7685.

Supervisory driver's course

Supervisory driver's course is required for military, civilian, and local national supervisors of personnel who drive. For course details visit www.imcomeurope.army.mil/sites/ management/so_atstp.asp

ITR Trips

Carlo, families enjoy tours of the cities with guides and free time.

July 19, Cinque Terre, adults can spend the day exploring the towns, dinning and shopping.

July 20, Aquaparadise Water aquatic fun.

July 20, Villa Sagramoso, adults take this tour of a villa, and learn to decorate with fruits and vegetables, and enjoy lunch.

July 23, Asiago, cheese factory tour with guide, and cheese tasting.

Stop by ITR for more info.

WWI Asiago Hike

Outdoor Recreation is offering a WWI Asiago Hike July 19. The cost includes transportation, and equipment. For details, call 634-7453.

Deep Sea Fishing Trip

Join Outdoor Rec for a deep sea-fishing trip in Chioggia July 27. Signup by July 23. Call 634-7453 for details.

White Water Rafting

Outdoor Rec is offering a White Water Rafting trip July 26. Call 634-7453 for details.

Paintball Trip

Outdoor Rec has a Paintball trip going to Milan July 27, signup by July 24. Call 634-7453 for details.

Arena Job Fair

FMWR is hosting a Job Fair July 16, 11 a.m.-1:30 p.m. in the July 18, Nice and Monte new Arena, the Soldier and Family Entertainment Center.

> Many new positions are open. Complete your application and interview on the spot. Stop by NAF CPAC for an application or email your resume to: Vicenza.NAF@EUR.army.mil.

> For more information call NAF CPAC at 634-7290/7349. The NAF office is located across the street from Gate # 2 on Viale Della Pace.

Hours of operation are Monday-Friday 9 a.m.-4 p.m., and closed 12-1 p.m. and Thursday mornings.

Religious activities

Caserma Ederle Chapel

Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

Chaplain Crisis Line:

To speak with a chaplain after hours call 634-KARE (634-

Saturday services

4p.m.: Sacrament of Reconciliation, or appointment.

5 p.m.: Vigil Mass

Sunday Services

9 a.m.: Roman Catholic Mass 9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship 6 p.m.: Contemporary Christian worship

Monday

Noon: Weekday Mass Noon: LDS Scripture Study 3:05 p.m.: Middle School Club in the high school cafeteria. (Sept. -May)

5:30 p.m.: High School Club in the Teen Center. (Sept.-May) For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or *vicecb@yahoo.com*.

Tuesday

9:30 a.m.: Protestant Women of the Chapel (PWOC)

Wednesday

Noon: Weekday Mass Noon: Protestant Men of the Chapel (PMOC) Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

Thursday

Catholic Women of the Chapel do not meet over the summer.

Noon: Weekday Mass 5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Friday

Noon: Weekday Mass Noon: Muslim Khutba and prayer

Faith group POCs

Islamic POC is Mohamed Noeman at 634-6306.

Jewish POC is Dr. Stephen or Nancy November at 328-054-9709 or november6@msn.com.

Latter Day Saints (LDS) POC is Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/ 340-899-2218. Scripture study is held Monday, noon-1 p.m.

Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267). 8:30 a.m.: Catholic Reconciliation

9:30 a.m.: Catholic Mass 11 a.m.: Protestant worship

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All briefs must be received at editor@eur.army.mil noon Monday, or by Friday at 4 p.m. if Monday is a holiday.

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Body Pump, Combat, Step, Balance



Participants in the Body Pump class get a total-body work out. "The primary goal is to get all major muscle groups to get resistance

training," said Linda Miller, instructor, who has been teaching classes since January 2006.

Classes offer something for every fitness style

Story by Kelli Covlin Photos by Laura Kreider Outlook Staff

Are you ready to shed those winter pounds? Maybe you just want to lose a little around the waist? Or are you looking to firm up in all the right places? The Sports and Fitness office,

Directorate of Family Morale Welfare and Recreation, may have what you are looking for.

This week, Sports and Fitness is introducing the new releases of their popular Les Mills International fitness classes, better known as Body Pump, Body Step, Body Balance and Body Combat.

Participants in Body Balance follow the movements of Ani Pry, instructor, during the class held Saturday in the Body Shop.

"As is evident with our initial implementation of the program, we our always pursuing options in keeping our fitness classes 'fresh' and well participated in," said Mike Garcia, acting Community Recreation Officer, DFMWR.

"The new releases are packed with new moves, great music, and entertainment all the way through," said Amy Kirksick, fitness instructor and personal trainer for Sports and Fitness. Kirksick is also a Les Mills Program trainer and introduced the program to Garcia over a year ago; hoping Sports and Fitness might be able to offer it to the community.

"We researched the possibilities, the company's profile, got additional feedback from folks in the states that were offering similar programs and then decided to take a chance on how well received they would be in our community," said Garcia. "We started off with the Body Pump classes, and soon we will be offering seven of the eight trademarked classes that Les Mills offers.

"The response to this program has been amazing. We have received several dozen testimonials, ICE comments and even a letter signed by over 35 community members thanking us for offering such a wide variety of classes and that we offer them for free," Garcia added. "We have 500 plus folks that attend our classes weekly."

"The classes have been incredible," said Randi Gibson, Army Volunteer Corp coordinator, Army Community Service, who has been participating in the different classes for over three months. "They offer such a great variety whether its cardio, weights, strength or flexibility.

"The other great thing is whether you are a beginner, intermediate or advanced you can do it at any level and push yourself as much or as little as you want," Gibson added.

There is no time like the present to start, but if you are a beginner, Kirksick has some advice.

"I encourage those that are beginning to arrive a few minutes early and speak to the instructor to get to know them and get some help in setting up," Kirksick said. "For anyone that is interested in trying any of the classes, please come in and try. Everyone has a 'first' class, but it only gets easier."

There are a variety of classes to choose from at a variety of times, according to Garcia.

"I would like to thank all those hard working instructors that keep our program viable," he said. "Without them this program would not be a success."

If you are interested in trying one of the classes, find the schedule located on the FMWR Vicenza Web site at www.vicenzamwr.com under the Recreation & Leisure then Sports & Fitness links.

Sports horts

Flag football officials clinic

Become a flag football official. The Post Sports and Fitness office is offering a flag football official's clinic July 28. Earn your certificate, and get paid. Signup before July 25. Call 634-7009 for details.

CYS Youth Sports seasons

Enrollment for the following YS Sports Seasons:

Flag Football - enrollment and practice ends July 11, season runs July 12-Aug. 16

Soccer - enrollment runs July 14 - Aug. 15, practice Aug. 25 - Sept. 12, and season runs Sept. 13 - Nov.

Triathlon - enrollment runs until Aug. 24.

Enroll at CYS Central Registration in the Davis Soldier and Family Readiness Center. Call 634-7219 for more details.

Major league baseball clinic

YS Sports is offering a free Major league baseball clinic July 24 & 25 for ages 6 - 18 and CYS volunteer coaches.

Call 634-6151 for details.

Summer Time Fun 5K Walk/Run

Join the Summer Time Fun 5K Walk/Run July 12 at 8 a.m. Sign up at the Body Shop or Post Fitness Center by July 9. Preregistration is 6:30-7:30 a.m.

For information, call 634-7009.

Tennis & racquetball ladder

Sports and Fitness' Tennis and Racquetball Ladder starts July 15. There are categories for all skill levels.

Sign up by July 14. Stop by the Post Fitness Center for details, or call 634-7009.

Summer soccer league forming

Sports and Fitness is gearing up for soccer season, so get your unit or recreation team roster together.

The soccer league starts July 10. Teams can have up to 12 players and two coaches.

There are two coaches' meetings to choose from, July 8 at 2:30 p.m. and 5:30 p.m. Bring your team roster.

For details, call 634-7009.

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